



 @COREREADINGCENTER

How families can **SUPPORT READING**

at home - No matter
their schedule.

A circular inset image showing a woman with long blonde hair and a young child sitting at a table, looking at a book together. The image is overlaid with a semi-transparent teal circle.

**Build a Reading
Culture at Home
and Abroad**

VISIT OUR WEBSITE FOR MORE INFORMATION:
WWW.COREREADINGCENTER.COM

Have a question?
Call us now

 **615-478-8413**

At Core Reading Center, we know that families play a powerful role in helping children become strong, confident readers. But for many parents and caregivers, busy schedules and limited resources can make it feel overwhelming to know where to start.

The good news? You don't need to be a teacher—or have hours of free time—to make a difference. Small, simple reading habits at home can have a big impact on your child's success.

Here are a few practical, no-stress ways you can support reading at home—no matter your schedule.

1. Read Aloud—Even for Just 10 Minutes

Reading aloud helps build vocabulary, listening skills, and a love of stories. Even older kids benefit from hearing expressive reading. Try bedtime stories, reading during breakfast, or a quick book before screen time.

Tip: Let your child choose the book to build excitement and ownership.

2. Talk About What You Read

Ask questions before, during, and after reading together. Try:

- “What do you think will happen next?”
- “Why do you think the character felt that way?”
- “What was your favorite part?”

These conversations help children build comprehension and critical thinking skills—without feeling like a lesson.

3. Make It Fun and Flexible

Reading doesn't have to be formal! You can explore words and language in everyday ways:

- Play rhyming or alphabet games on the go
- Point out signs, menus, or labels while shopping
- Keep books in the car or on the kitchen table for easy access

Remember: Any reading counts—comic books, magazines, menus, and even song lyrics!

4. Set a Reading Routine (Even if It's Short)

Children thrive with routine. Choose a consistent time—even 10 minutes a day—to read together. Over time, that short habit adds up to real growth. If evenings are busy, try reading while dinner cooks or while waiting for an appointment.

5. Celebrate Progress, Not Perfection

Whether your child reads a single sentence or finishes a whole book, celebrate their effort. Confidence is key, and your encouragement matters more than you may realize.

"I'm proud of how you tried that tricky word!" goes a long way.

You're a Reading Role Model

When kids see you reading—even a newspaper or text message—they learn that reading matters. Your example helps build positive attitudes toward books and learning. And when your child struggles, just know: you're not alone. That's what we're here for.

Need Extra Help?

Core Reading Center offers free, personalized reading support for students who need extra help reaching grade-level proficiency. If you think your child could benefit from tutoring or a summer reading camp, contact us today.

Together, We Can Build a Reading Culture at Home and Beyond

- Download Our Free Family Reading Guide
- Sign Up for a Literacy Night Event – Coming Soon
- Learn About Our Programs

Because when families and educators work together, kids thrive—and books become more than pages. They become possibilities.

Building Strong Readers—Together

Reading together helps children grow their vocabulary, confidence, imagination, and love of learning. This guide offers easy ways families can support reading at home—no special training required!

Why Family Reading Matters

- Builds stronger language and comprehension skills
- Improves focus and listening
- Strengthens family bonds
- Helps children see reading as fun, not a chore

Even 10–15 minutes a day makes a difference!

Make Reading a Daily Habit

Try to read together:

- Before bedtime
- After dinner
- On weekends or library days
- While waiting (appointments, bus rides)

Tip: Short and consistent beats long and stressful.

Reading Tips by Age

Babies & Toddlers (0–3)

- Point to pictures and name them
- Let children turn pages
- Read the same book again and again
- Talk about what you see

It's okay if they wiggle or wander—learning is still happening!

Preschool & Early Readers (4–7)

- Ask simple questions:
 - a. “What do you think will happen next?”
 - b. “Who is your favorite character?”
- Let your child “read” pictures
- Sound out words together

Praise effort, not perfection.

Growing Readers (8–12)

- Take turns reading pages
- Talk about the story's message
- Connect the book to real life
- Encourage reading series or favorite topics

Conversations matter just as much as reading.

Teens

- Let them choose what they read (yes—graphic novels count!)
- Ask opinions, not quizzes
- Read the same book and discuss
- Respect their interests and independence

Any reading is good reading.

Questions to Ask While Reading

- What part did you like most?
- How did this story make you feel?
- Would you change the ending?
- What would you do in this situation?

There are no wrong answers!

Create a Reading-Friendly Home

- Keep books where kids can reach them
- Visit the library together
- Let children see adults reading
- Turn off screens during reading time

Even a small quiet space helps.



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Reading in Any Language Counts

Reading in your home language builds strong thinking and language skills. It supports learning in all languages later on.

Remember

You don't have to be a perfect reader to raise one.

Your time, attention, and encouragement matter most.

Happy Reading!

Centered On Reading Excellence